



Monthly Program

MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><u>LA Fitness</u> 1</p> <p>work training 1:1 job skills</p>	2	<p>work training 1:1 job skills</p> <p>3</p>	<p>communication event roxbury park @ noon</p> <p>4</p>	<p>work training 1:1 job skills</p> <p>5</p> <p>independent living skills</p>	6
7	<p><u>LA Fitness</u> 8</p> <p>work training 1:1 job skills</p>	<p>hiking paramount ranch</p> <p>9</p>	<p>work training 1:1 job skills</p> <p>10</p>	<p>communication event roxbury park @ noon</p> <p>11</p>	<p>work training 1:1 job skills</p> <p>12</p> <p>independent living skills</p>	13
14	<p><u>LA Fitness</u> 15</p> <p>work training 1:1 job skills</p>	<p>bowling</p> <p>16</p>	<p>work training 1:1 job skills</p> <p>17</p>	<p>communication event roxbury park @ noon</p> <p>18</p>	<p>work training 1:1 job skills</p> <p>19</p> <p>independent living skills</p>	20
21	<p><u>LA Fitness</u> 22</p> <p>work training 1:1 job skills</p>	<p>movie theater universal city walk</p> <p>23</p>	<p>work training 1:1 job skills</p> <p>24</p>	<p>communication event roxbury park @ noon</p> <p>25</p>	<p>work training 1:1 job skills</p> <p>26</p> <p>independent living skills</p>	27
28	<p><u>LA Fitness</u> 29</p> <p>work training 1:1 job skills</p>	<p>skyzone</p> <p>30</p>	<p>work training 1:1 job skills</p> <p>31</p>			

= work out at LA fitness Van Nuys @ 9 am